

Hill's Gymnastics

Summer Camp 2021

Thank you for joining us for Summer Camp this year! We are excited to offer a camp program packed full of gymnastics, games, group activities, fun, and more! Each day we have activities planned to keep our campers engaged and excited to learn more about gymnastics. Campers will work on the basic foundations of gymnastics while also having the opportunity to work on new and exciting skills. Our camp staff will provide hands on instruction to each camper and work with them to grow each day. Campers will have access to our trampoline, Tumble Trak, foam pit, and all four gymnastics events: (vault, bars, beam, and floor).

What to bring:

All campers should come wearing comfortable clothes that allow for movement and exercise. Leotards are not required. Long hair should be pulled back and out of faces. We ask that campers not bring jewelry or electronics with them to camp (unless necessary). Campers will be able to store all their belongings in the cubby room. We also have a refrigerator for any foods that need to be stored cold and a microwave for any foods that need to be heated up. All campers should come with a snack and a water bottle. Full day campers should also bring a lunch. Drinks, snacks, or popsicles can be purchased at the front desk. Snack money can be left with your camper, left at the front desk, or can be charged through your iClass account.

*Each camper is required to have an updated 2021 Camper Health History Form to attend camp. Please be sure to indicate any allergies, special needs, or physical limitations on the form.

**Due to Montgomery County Covid-19 policies all campers are required to wear masks. We will reevaluate this protocol week to week as restrictions loosen across the state.

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Special Camp Events

Thursday (All Campers):

Every Thursday morning during the summer we have our Water Day! This gives the campers a chance to go outside and enjoy the nice summer weather. We will set up an inflatable water slide, a splash pad, and have water balloons for everyone. Campers who want to participate in Water Day should bring a bathing suit, or change of clothes, and a towel. Campers can also bring their own water toys from home. If your camper does not want to participate in water play, we also have sidewalk chalk and bubble makers so they can enjoy the outdoor time.

Friday (Full Day Campers):

Friday afternoons are ice cream social time! We celebrate another great week of camp with a mini ice cream party. Campers will be able to choose from vanilla, chocolate, or strawberry ice cream. We also provide toppings to choose from including sprinkles, whipped cream, and chocolate syrup. If your camper has any food allergies that would prevent them from eating ice cream, please let our camp director know, and we can substitute it for one of our popsicles.

Sara Ruben

Summer Camp Director